GAMEROOM ACTIVITIES

Ping-pong, bumper pool, shuffle board and board games available for public use. Open from 1:15-8:45pm weekdays. Gameroom use is subject to availability, depending upon programming.

WEIGHT ROOM AND FITNESS CENTER

Our FREE state-of-the-art weight room and fitness center includes an assortment of weight-lifting and cardio workout equipment. Ages 16-up are welcome. 16-17 year olds must be accompanied by a parent or guardian. Hours: Mon, Wed, Fri 9:15-8:45pm; Tue, Thu 1:15-8:45pm; Sat 8:15am-3:45pm.

YOGA

Relax on Tuesday evenings from 6:15-7:30pm with our certified instructor. Program runs in six week sessions. Cost per session: \$50. Cost is pro-rated for late enrollees. Bring your own mat!

BASKETBALL - OPEN GYM

Gym is available for public use at selected times from 1:15-8:45pm depending on Recreation Center programming. Check schedule.



Brookline Memorial Community Center 1399 Oakridge Street, Pittsburgh, PA 15226 412-571-3222

William Peduto, Mayor James Griffin, Director of Parks and Recreation Corey O'Connor, City Council, Committee on Urban Recreation

The Department of Parks and Recreation does not discriminate in regards to race, creed, color, religion, gender, sexual orientation, ethnic background or handicapped condition.



Brookline Community Center Fall/Winter Programs – 2014/2015

INSTRUCTIONAL INDOOR SOCCER LEAGUE

Sign-ups for the Recreation Center Instructional Indoor Soccer are currently being accepted. Boys and girls age 4 to 6 welcome. Instructional League runs from November 15 through the end of March. Games are played on Saturdays. Practices will be held during the week (dates and times to be announced). Cost: \$20 per player. Deadline for registration is October 31. Shin guards are required, covered by a long sock. Mouthpiece is recommended. Roster positions are limited. Sign-Up Now!



THREE-ON-THREE SOCCER (AGES 7-9)

The Recreation Center offers a 3-on-3 indoor soccer program for boys and girls ages 7 to 9. 3-on-3 soccer emphasizes speed, teamwork and foot skills. Games are played on Thursday evenings from mid-November through March, from 6:00-8:30pm. Practices are held on Tuesday evenings. Cost: \$25/player. Shin guards, covered by a long sock, and mouthpiece required. Roster positions are limited. Sign-up now!

WALK FIT

Group meets Tuesdays and Thursdays from 5:45-7:00pm beginning on October 7. Walk away the pounds for **FREE** with a challenging workout. Beginner's class will be held Mondays from 1:15p-2:00p starting October 5. Please bring your own 1 or 2 lb hand weights.

INSTRUCTIONAL BASKETBALL CLINIC

Boys and Girls ages 6 to 11 are welcome at this six-week clinic. Practice basketball fundamentals on Thursdays from October 2 through November 6. Ages 6-7-8 practice from 4:15-5:45pm and ages 9-10-11 practice from 7:00-8:30pm. Cost: \$10/participant.



PITTSBURGH BOXING CLUB

Workouts are held on Wednesday nights from 6:00-8:30pm. All participants must supply their own hand wraps and work-out clothing. The program is affiliated with the Pittsburgh Boxing Club. If you wish to join the club for further training, the cost is \$65/year, paid to the club. Ages 8-over are welcome.

MARTIAL ART CLASSES (AGES 10-UP)

Learn the fundamentals of Tae Kwon Do with our trained instructor. Beginner and Intermediate classes for students age 10 and up begin in December. Beginner: 6:15-6:45pm; Intermediate: 6:45-7:30pm, Advanced 7:30-8:45pm. Classes held on Monday evenings. Cost: \$15/year paid to instructor. For more information on visit their website at <u>www.sejongtkd.org</u>. New signups accepted in November.

HALLOWEEN PARTY - FRIDAY, OCT 17

Dress up in your favorite trick-or-treat costume. Ghouls and goblins of all ages are invited to our Halloween Party, from 6:30-8:00pm. There will be crafts and other fun things to do. Food will be provided. A \$3 donation is requested per person.

LUNCH WITH SANTA - SATURDAY, DEC 13

Come have lunch and meet with Santa Claus from 2:00-3:30pm. There will be crafts and other fun things to do. Food and drinks will be provided. A \$3 donation is requested per person. Please bring a wrapped gift for Santa to present. All ages are welcome.

KINDERSPORTS

Children ages 0-5 are welcome to join us in the gymnasium on Wednesday mornings from 10:00-11:00am to play games and have some FREE fun beginning on October 8.



Children ages 0-5 are welcome to come to the activities room on Wednesdays from 11:00-12:00pm beginning on October 8. Instructors read children's books and interact with the kids.

HOMESCHOOL GYM TIME

Children grades 1 through 5 are welcome to come and enjoy gym activities and games on Wednesday mornings from 9:00-9:45am beginning on October 8. Program runs for six weeks.