#### WEIGHT ROOM AND FITNESS CENTER

Our FREE state-of-the-art weight room and fitness center includes an assortment of weight-lifting and cardio workout equipment. Patrons age 16-17 must be orientated and accompanied by a parent or guardian. Hours: Mon, Wed, Fri 9:15a-8:45p; Tue & Thu 1:15p-8:45p; Sat 8:15a-3:45p. Membership card is required.

# 33rd ANNUAL BROOKLINE BREEZE

The 33rd Annual Brookline Breeze 5K Fitness Run/Walk, including the 1-Mile Mini-Breeze and the 1-Mile Dog Walk will be held on Saturday, August 9. Visit <a href="https://www.brooklinebreeze.com">www.brooklinebreeze.com</a> for details.

# BURKE'S EXTREME SPEED TRAINING

Improve your speed, agility and power. Get measurable results with our trained instructor. This co-ed hybrid workout for ages 12-18 is suitable for every sport. Four-week sessions: (June 3-June 28), (July 8-August 2). Cost: \$30/session

# FREE LUNCH/SNACK PROGRAM

Program runs from June 16-August 15. Lunch served from 11:30a-1:30p. Snack begins at 2:30p. Must be age 18 or younger.



Brookline Memorial Recreation Center 1399 Oakridge Street, Pittsburgh, PA 15226 412-571-3222

William Peduto, Mayor
James Griffin, Acting Director of Parks and Recreation
Corey O'Connor, City Council, Committee on Urban Recreation

The Department of Parks and Recreation does not discriminate in regards to race, creed, color, religion, gender, sexual orientation, ethnic background or handicapped condition.



# **Brookline Community Center Spring/Summer Programs - 2014**

# SUMMER BASKETBALL LEAGUES

Sign-ups for the Recreation Center Summer Basketball Leagues begin in May. Instructional League (boys and girls age 9-11) and 14-Under League (boys and girls age 12-14). Programs run from mid-June through the first week of August. Cost: \$40 per player. Deadline for registration is May 31. Roster positions are limited. Programs begin after Little League baseball ends. Sign up now!

# INSTRUCTIONAL BASKETBALL CLINIC

Boys and Girls ages 6 to 8 are welcome at this six-week clinic. Learn basketball fundamentals on **Saturdays from April 26 through June 14**. The clinic runs from 12:00-2:00pm. Cost: \$10/participant. Come practice the basics with Coach Milan Tyler.

# FLEA MARKET / CRAFT SHOW

There will be open flea market/craft shows from 8:00a-2:00p at Brookline Park on the following **Saturdays: May 17**, **June 7**, **July 12 and August 2**. Free spots are available. Bring your own table.

# FINANCIAL WELLNESS SEMINAR

FREE seminar - Thursday, May 8 at 7:00pm. Learn how money works to build a strong financial future. Information for all ages and situations. Topics: debt elimination, investing for retirement and education, life insurance and long term care protection. Seminar hosted by Daryl Wood. Refreshments provided. RSVP by May 7 at <a href="mailto:wellnessmay08@gmail.com">wellnessmay08@gmail.com</a> or call 412-779-2138.

# MARTIAL ART CLASSES (AGES 10-UP)

Learn the fundamentals of Tae Kwon Do with our trained instructor. Beginner and Intermediate classes for students age 10 and up. Beginner class: 6:15p-6:45p; Intermediate class: 6:45p-7:30p, Advanced class: 7:30p-8:45p. Classes are held on Monday evenings. Cost: \$15/year. Visit <a href="www.sejongtkd.org">www.sejongtkd.org</a>. New Students accepted during the month of May only!

# YOGA

Tuesday evenings from 6:15p-7:30p with our certified instructor. Program runs in six week sessions. Cost: \$50/session, pro-rated for late enrollees. Bring your own mat!

#### ADVENTURE CAMP SOUTH

FREE DCNR week-long summer camp scheduled July 14-18 at various local state parks, including McConnell's Mill, Raccoon, Moraine and Point State Park. Space is very limited. Activities include kayaking, biking, swimming, hiking, archery, rowing and rock climbing. Transportation and lunch provided. Call for more details.

#### SUMMER SOCCER CLINIC

A Summer Soccer Clinic will be held beginning in mid-June for children ages 4-5-6 and ages 7-8-9. Clinic will be held on Mondays and Thursdays. Clinic times: Monday (4-5-6 10:30a-11:30a; 7-8-9 12:30p-1:30p) and Tuesday (4-5-6 1:30p-2:30p; 7-8-9 2:30p-3:30p). Cost: \$10/participant. Clinic runs through the beginning of August.

#### PITTSBURGH BOXING CLUB

Workouts on Wednesday nights from 6:00p-8:30p. All participants must supply their own hand wraps and work-out clothing. **Co-ed** program is affiliated with the Pittsburgh Boxing Club. If you wish to join the club for further training, the cost is \$50/year. Fee is paid to the club. Ages 8-over are welcome.

# CAR CRUISES (SPRING / SUMMER / FALL)

Join us for our Spring, Summer and Fall Car Cruises, to be held on: Wednesday, May 21; Friday, August 8; and Friday, September 19. Bring your classic vehicle for a night of fun with friends. Enjoy music, refreshments and awards. Time: 5:30p-dark.

# BLOOD DRIVE

Central Blood Bank will be here to accept blood donations on Monday, May 5 from noon-4:00pm. Consider making a donation.

# ROVING ART CART

The Art Cart will be at Brookline Park on Wednesday, June 25 from 10:00am-1:00pm. The Art Cart will be at Moore Park on Wednesday, July 9 from 10:00a-1:00p. FREE craft activities.

#### LEARN TO SWIM LESSONS

Learn to Swim, Swim Team and Lap Swim instruction at Moore Park and other City pools. Visit your local pool for more information.

#### COMCAST MOVIES IN THE PARK

Full-length feature movies will be shown on the lawn at Brookline Park on Thursday evenings beginning June 12. Runs through August.

# **ZUMBA**

Join our trained instructor for Zumba dancing on Saturday mornings from 8:30a-9:30a. Cost: \$5/class paid to instructor.

# KIDS RUN FOR FUN

Boys and Girls age 9-15 work together with Adult guidance to optimize their wellness & fitness. Group will meet every Monday and Thursday from 12:00p-1:30p starting June 16. Bring a friend or come alone, don't forget a willing attitude and a pair of tennis shoes! Come get ready for the Brookline Breeze!